

Ladder Safety Resources

Did you know?

In the past 10 years, Workers' Compensation cost of ladder related injuries for State Auto®/RTW® policyholders totaled \$19 million in claims costs?

Workers' compensation injuries caused by falls from ladders or falls to different levels for State Auto/RTW policy holders totaled \$49 million.

Particularly at risk of fall injuries are those working in:

- Healthcare support
- Building cleaning and maintenance
- Transportation and material moving
- Construction and extraction occupations
- Workers who are male, Hispanic, older, self-employed, work in smaller establishments and work doing construction, maintenance and repair, experience higher ladder fall injury rates

Based on 2014 published data from the Bureau of Labor Statistics, 261,930 private industry and state and local government workers missed one or more days of work due to injuries from falls on the same level or to lower levels. Seven hundred and ninety-eight workers died from these falls.

The construction industry experienced the highest frequency of fall-related deaths, while the highest counts of nonfatal fall injuries continue to be associated with the health services and the wholesale and retail industries.

Yikes!

Doesn't just about everyone have a ladder? And it seems many aren't following ladder safety protocols.

Over ►

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Ladder Safety Resources

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Training Materials

Looking for ladder safety training? Check out the American Ladder Institute®:

- americanladderinstitute.org

Why not earn a your Ladder Safety Certificate from the American Ladder Institute?

- laddersafetytraining.org

Train yourself or your entire team online. Managers can set up session for everyone in their group:

- laddersafetytraining.org

Ladder Safety Videos

- americanladderinstitute.org/page/LSTVideos

Other Ladder Safety Resources

NIOSH® – National Institute of Occupational Safety & Health®

There's an app for that!

Ladder safety app for smart phones (click to download):



Since its release in 2013, the [National Institute for Occupational Safety and Health](http://www.niosh.gov)'s Ladder Safety app has helped thousands of users set up and use extension ladders more safely to prevent falls.

- The app contains general ladder safety, inspection and selection guidelines and related information.
- It will now include stepladders.
- The new module will be based on the existing ladder safety standards and regulations and will provide easy-to-use, graphic-oriented safety tools, checklists and guidelines.

The Ladder Safety app is available free, in English or Spanish, for Apple® and Android® smartphones.

Read more on Fall Prevention at the NIOSH's webpage: [Fall Injuries Prevention in the Workplace](http://www.niosh.gov).

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Other Ladder Safety Resources cont.

OSHA® – Occupational Safety & Health

- [Use Ladder Safety - General](#)
- [Fact Sheet: Safe Use of Stepladders](#)
- [Fact Sheet: Safe Use of Extension Ladders](#)
- E-tool for ladders in construction: [osha.gov/SLTC/etools/construction/falls/mainpage.html](https://www.osha.gov/SLTC/etools/construction/falls/mainpage.html)

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